



Your well-being is what matters most



Medical issues can take a toll on your work and home life. To help you through difficult times, the UnitedHealthcare Member Assistance Program (MAP) provides you and your family personal and confidential support, 24 hours a day, 7 days a week.

The help you may need, at no extra cost

- **Unlimited phone access to master's-level specialists, 24/7**
- **Up to 3 referrals for face-to-face counseling sessions.*** Our national network includes 144,000+ clinicians.¹
- **One legal consultation for 30 minutes.** You can meet with an attorney by phone or in person to discuss legal concerns. You can also retain an attorney for ongoing services at a 25% discounted rate.**
- **A 30- to 60-minute financial consultation.** Credentialed financial professionals can discuss estate taxes and other financial matters with you.
- **Access to liveandworkwell.com.** From your desktop or mobile device, you can easily and securely find a provider, discover work-life resources near you and confidentially connect to expert guidance. You can also access news, events and thousands of articles.

Maintaining your privacy and confidentiality is of the utmost importance. All records, referrals and evaluations are kept private and confidential in accordance with federal and state laws.

Access your MAP benefit today

Call **1-877-660-3806**, **TTY 711**, for personal and confidential assistance. Translators are available for non-English speakers.

Visit liveandworkwell.com.

There are 2 ways to access:

- 1 Sign in using your **HealthSafe ID®** to securely access your personal benefit information
- 2 Enter anonymously using access code: **FP3EAP**



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**United
Healthcare**

*There is no charge for referrals or for seeing a clinician within our network for up to 3 visits per issue.

**Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against UnitedHealthcare, its affiliates or any entity through which the caller is receiving services directly or indirectly.

¹ Optum internal network analysis, February 2019.

Noninsurance services are offered only on specific lines of coverage and are not insurance. These services may be modified or terminated at any time, may not be available in all states and may vary depending on state laws and regulations. Employee Assistance Program (EAP) is offered through Optum. Optum is an affiliate of UnitedHealthcare.

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